

PSYCHOLOGY IN THE FUTURE: BRIDGING THE GAP BETWEEN FOOD, HEALTH, AND ENVIRONMENT

Today our society is faced with complex challenges to deal with: climate change, energy crisis and aging population are just some of the problems. Leading to such profound change requires behavioral expert, figures who can integrate a solid understanding of psychology and decision-making levers with knowledge about health, environment and global economy. The master's degree program "Consumer Behavior: psychology applied to food, health and environment" is pleased to invite you to a short series of meetings designed to explore the role that psychologists of the future may play in meeting the challenges posed by today's society.

Brain Food: How Nutrition Shapes Mental Health and Happiness

Guest Dott. Stefano ERZEGOVESI - Psychiatrist and Nutritionist
Discussant Guendalina GRAFFIGNA, Francesco PAGNINI
26 march 2025 - 5.00pm - 6.00pm - Milano

Internet Gaming Disorder in Youth: A Community-Level Prevention Framework

Guest Dott.ssa Nadia VIMERCATI - ATS - Health Protection Agency of the Metropolitan City of Milan
Dott.ssa Giusi GELMI - ATS - Health Protection Agency of the Metropolitan City of Milan
Discussant Guendalina GRAFFIGNA, Giovanni ARESI
7 April 2025 - 5.00pm - 6.00pm - Milano

Towards a better future: The psychological path to sustainability

Guest Prof. Dr. Cornelia BETSCH - Full Professor in Health Communication Founding Director of the Institute for Planetary Health Behavior - University of Erfurt - Germany Head of the Working Group Health Communication - Bernhard-Nocht-Institut for Tropical Medicine, Hamburg, Germany
Discussant Guendalina GRAFFIGNA, Carla LUNGHI, Paola IANNELLO
14 May 2025 - 5.00pm - 6.00pm - Cremona

THE SEMINARS WILL BE CONDUCTED IN DUAL MODE

Seminars

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