

Seminars

**PSYCHOLOGY IN THE FUTURE:
BRIDGING THE GAP BETWEEN FOOD, HEALTH, AND ENVIRONMENT**

BRAIN FOOD: HOW NUTRITION SHAPES MENTAL HEALTH AND HAPPINESS

Today our society is faced with complex challenges to deal with: climate change, energy crisis and aging population are just some of the problems. Leading to such profound change requires behavioral expert, figures who can integrate a solid understanding of psychology and decision-making levers with knowledge about health, environment and global economy. The master's degree program "Consumer Behavior: psychology applied to food, health and environment" is pleased to invite you to a short series of meetings designed to explore the role that psychologists of the future may play in meeting the challenges posed by today's society.

Guest

Dott. Stefano ERZEGOVESI, Psychiatrist and Nutritionist

Discussant

Guendalina GRAFFIGNA

Francesco PAGNINI

THE SEMINAR WILL BE CONDUCTED IN DUAL MODE

Seminar

Wednesday 26 March 2025

Aula G.120 Bonaventura

5.00pm - 6.00pm

Largo A. Gemelli, 1 - Milano



L'evento si svolge in presenza con la possibilità di collegamento da remoto.

Per collegarsi all'evento da remoto e ricevere il link, compilare entro il 25 marzo il seguente [FORM](#)



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