

FACOLTA' DI PSICOLOGIA

# CULTIVATING HOPE: FROM THEORETICAL MODELS TO INTERVENTIONS

## Introduction

Alessandro ANTONIETTI, Dean of the Faculty of Psychology

## Keynote Lecture

### Hope as a "Critical M.A.S.S.": A multidisciplinary framework for hope scholarship, assessment, and interventions

Anthony SCIOLI, is Professor of Clinical Psychology at Keene State College and member of the Graduate Faculty at the University of Rhode Island (USA). Professor Scioli trained at Harvard University and its medical school in Human Motivation and Behavioral Medicine. He is a former Associate Editor for APA's journal for the *Psychology of Religion and Spirituality* and a Consulting Editor for the *Journal of Positive Psychology*. Professor Scioli He founded The Hope Institute and has written several books on hope, including *Hope in the Age of Anxiety* (Oxford University Press); He is also co-editor of *The Oxford Compendium of Hope* (Oxford University Press, Dec. 2025).

## Short communications by Faculty members

### VR for Hope: Reawakening the spirit through immersive virtual journeys

Giuseppe RIVA, Osmano OASI, Daniela VILLANI, Chiara ROSSI, Francesca DE SALVE, Anna Flavia DI NATALE, Elisa PANCINI

### What is hope for breast cancer patients?

Emanuela SAITA, Sara MOLGORA, Federica FACCHIN, Antonia SORGE, Denise VAGNINI

### Suspended hope: An exploratory study with young Italians

Elena MARTA, Daniela MARZANA, Adriano ELLENA (with the support of Osservatorio Giovani – Istituto Toniolo)

### Growing-Hope: A hope-based intervention to enhance subjective and psychological wellbeing of young adults

Stefania BALZAROTTI, Federica BIASSONI, Martina GNERRE

## Concluding remarks

Elena BECCALLI, Rector

## Hope within and through music: A postlude

Dario BENATTI

# Seminario

**Lunedì 19 maggio 2025**

**Aula Negri da Oleggio**

**Ore 9.30 - 13.00**

Largo A. Gemelli, 1 - Milano

